

## NZISM Canterbury Branch June 2020 Newsletter

NZISM Masterclass Workshop Series – Learning from Accidents: The Costa Concordia Case, presented by Nippin Anand. Five free online workshops run on Wednesday mornings throughout July. These workshops will immerse you in the emerging concepts in safety sciences. Throughout the five sessions, there will be ample opportunity to reflect on your experience and relate with the class.

Upcoming NZISM Webinars: 15<sup>th</sup> June Covid-19 Q&A, 16<sup>th</sup> June Rest Home Pandemic Response, 18<sup>th</sup> June Enhancing your Social Media Skills, 22<sup>nd</sup> June WorkSafe Mentally Healthy Work, 24<sup>th</sup> June Paradoxes Released by Covid-19, 30<sup>th</sup> June Applying Appropriate Health Controls to a Health Risk. Register online via the Events Calendar.

Missed one – don't despair. Check out the Resources page on the NZISM Members page for access to the full suite of past webinars.

## Thank You



To all our colleagues who were part of our essential services, ensuring we all had access to life's necessities during our Lock Down – Ehara koe i a ia! (Thank heavens you were there)

North Canterbury Network Group Networking opportunity for NZISM members who work or live in the North Canterbury area. Lunchtime

meetings are held every 3 months, hosted at Main Power (172 Fernside Road) in Rangiora.

Next meeting Wednesday 5th August.

# South Canterbury Network Group – Coming Soon

Building on the success of the North Canterbury Network Group, we are pleased to advise we will soon have a South Canterbury Network Group up and running. Our new committee member Jennifer Wood has graciously agreed to take over the reins and we look forward to working with Jen to provide quality speakers for our South Canterbury colleagues. If you have any recommendations for speakers or events please email your ideas through to canterbury@nzism.org.

## **Meet your Branch Committee**

Branch Manager: Claire Johnson Branch Secretary: Helen Bairds New Member Support: Duncan Bryant

Tech Support: Whitney Tahau NCNG: John Woodrow, Kate Brooks

SCNG: Jennifer Woods General: Tina Lange, Steph Hembury, Dave Boivin, Glen

Johnson

Your committee is working hard to continue to provide quality speakers and events for our membership. Please remember that all the committee members are volunteers, so it is vital that you, our members, let us know, if you have attended any speakers or events you would like to see again. Just drop us a quick email at <a href="mailto:canterbury@nzism.org">canterbury@nzism.org</a> for us to follow up.

## Welcome to all our new members

All new members should have (or will) received a personal email to say hello and provide some info on the Branch (if you haven't then please contact Whitney at

(canterbury@nzism.org)

### **Membership Renewal**

For those who are still to renew their membership you only have until the end of June to do so before you will lose access to your membership benefits. A payment plan (\$75 per quarter) is available for members or employers who may be struggling financially.

Contact Mari at <u>admin@nzism.org</u> to arrange.

## **Peer Support Available**

In this new climate we find ourselves in we are all wondering what the new normal will look like. Life and work foundations have been constantly shifting and evolving at such a pace it has been difficult to pop our heads up to see what is happening around us. While, for all of us, keeping everyone healthy and safe at work is our top priority. It is important to do the same for our own physical and mental health and wellbeing. NZISM has formed the Peer Support group, a non-clinical cohort of our own members who use their experience of going through tough times to help each other to improve emotional health and wellbeing. Access the Peer Support Network from your members home page on the website www.nzism.org.

# Watch this space – upcoming events

#### July - Date TBC

 Mates in Construction – The MATES programme builds and strengthens communities in the workplace and across the industry. Free for all members and non-members

## August - Date TBC

Brain Buster Quiz Night —
Come along for our first social
networking event and flex your
brainpower.

### Oct/Nov - Date TBC

CPD/Early Xmas Event – we will be co-hosting with the OCC Nurse Association 3 x quality speakers followed by social networking event.

Please ensure you keep the Branch and National updated with any email changes!!!

RSVP to all upcoming events by going to: https://www.nzism.org/info/branch/canterbury/\_to register